

Monza News Issue #2

October 2019





Editor's Note

Hello Ladies!

Here I am again. I will do my best to get the info in but the Monza News will take a turn of only giving you the necessary information of events, club business and little else since pretty much all

information can actually be found on our website.

We celebrate 30 years so our board has asked all of us to write a Benvenuto Anthem competition. The winner will be published so we can all learn the words.

Cheryl Stockman Chalouhi

Editor

The deadline for the November Monza News is

October 29, 2019

Please take notice that the membership fee is €80.

The details of the new bank account are the following:
THE BENVENUTO INTERNATIONAL CLUB MONZA
CREDIT AGRICOLE
VIA ARRIGO BOITO N. 65
MONZA

IBAN: IT13X 06230 20405 000040 543323

Remember to sign your name and put it in the box for the lottery draw during June Coffee Morning.

Be the winner!!

Webmaster

Honorary Member

Irmi Sieber

Aliya Salahuddin webmaster@benvenutomonza.com

Cover Page: Clip Art and Stock Photos

Newcomers Director's Letter



Bright red, orange and shining yellow are the colors that come to mind when you think about October. Who, with open eyes, walks through the woods or the park, can find beautiful decoration objects such as pinecones, chestnuts, acoms, wood ornaments and colourful leaves? You can use these nature findings and arrange them in a large decor bowl with candles and mini pumpkins, bringing home autumn feelings.



Is there a book lying around which you've always wanted to read? Autumn weather invites you to cuddle up into your favourite pyjamas, read your book, and sip on a hot homemade tea crafted from fresh mint, ginger, lemon and orange peels, cinnamon and vanilla. The chilled weather calls upon self-care and beauty, with a pumpkin face mask. As Halloween is also around the corner and we start to carve out pumpkins, this face mask can be fashioned from the inner belongings of the pumpkin. Pumpkin contains vitamin C and A which help to boost collagen production and soothe the skin. It is rich in zinc and helps to control oil production and heal the skin. To further increase the benefits, add honey and apple cider vinegar to this mask.

Do It Yourself Pumpkin Face Mask:

- 1. Carve out the inside of the pumpkin.
- 2. Bake or boil for 45 minutes or until its tender.
- Place it in the blender to make a puree.
- Add 1 tablespoon of the pumpkin puree.
 Add 1 tablespoon of honey.
- Add 1 tablespoon of apple cider vinegar.
- Mix ingredients together.
 Apply on face and relax!



Enjoy the month of October and all the Benvenuto activities,

By Sonja Fritz

Octobber 2019 Monza News

UPCOMING ACTIVITES

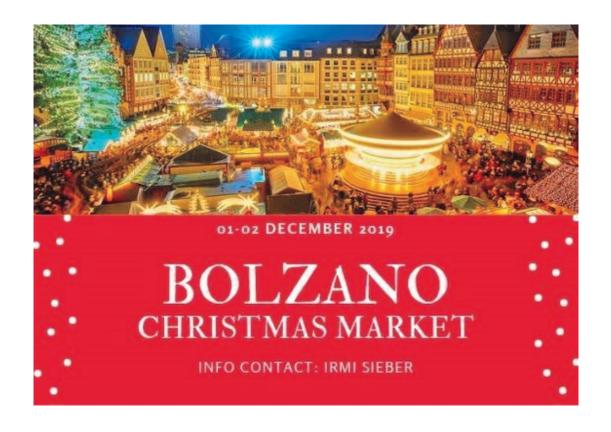


UPCOMING ACTIVITES





UPCOMING ACTIVITES







October 2019

Tue	Wed	Thu	Fri	Sat	Sun	Mon
1	2 Rosella Emiletti	3	4	5	6 Alda Mosconi Sonia Lambova	7
8 Francesca Belli	9 Marisluisa Banfi	10	11	12	13	14 Petra Vismara
15	16	17	18	19	20	21
22	23	24	25 Patricia Mariani	26	27	28
29	30 Gabriella Bellani	31 Maria Teresa Gambaro				

BENVENUTO INTERNATIONAL CLUB OF MONZA



Final Charity Report 2018 - 2019

As promised we set out below the Final Charity Report for the last Benvenuto year ('18 – '19).

Brought forward from '17 – '18	109,28-€
Various (books, Baci, biscuits, ecc.)	2.128,00-€
Raffle tickets	2.180,00-€
International Food Festival	1.380,00€
Spring Market	2.700,00-€
Fondazione Musicale Appiani Concert	810,00-€
Catwalk	1.600,00-€
Various expenses	-156,00-€
Total Charity Income	<u>10.751,28-€</u>

Details of charity payments for a total of 9.210,00-€:

* Fondazione Appiani - Concert	810,00-€
* Il Ditale	2.350,00-€
* Fondazione Appiani	2.350,00-€
* Associazione Stefania	2.350,00-€
* La Meridiana/Slancio (Board)	1.350,00-€
Brought forward for next Benvenuto Year (2019 – 2020):	<u>1.541,28-€</u>

Fondazione Musicale Appiani used most of our donation to renovate their Bluthner piano as well as the Yamaha C3 instrument used for the school's many activities.

Il Ditale used our donation to purchase a computer and printer as well as overhauling some sewing machines and acquiring material for their atelier.

Associazione Stefania used our funds to buy new furniture for the apartment where 5 disabled people will live together. (3 wardrobes, chests of drawers, shelving)

We hope that the successful outcome illustrated above can be reflected and perhaps even improved next year. Thank you all for your generosity as always!

The Charity Committee

Maria Teresa Gambaro, Laura Riccagno, Pauline O'Connor, Norma Fumagalli, Marina Lambrechts

More details on the following page.



BENVENUTO INTERNATIONAL CLUB OF MONZA

MISCELLANEOUS CHARITY INCOME 2018/2019

DATE	DESCRIPTION	AMOUNT IN	AMOUNT OUT
12/10	Sonja Fritz Cooking Class	90,00	
08/11	Barbara D.S: Book Sale	50,00	
08/11	Giovanna C.: Baci Sale	1.018,00	
06/12	Raffle Proceeds	2.180,00	
06/12	Cookies Sale (Irmi)	380,00	
06/12	Giovanna C.: Baci Sale	60,00	
06/12	Giovanna C.: Baci Sale	40,00	
14/12	Christmas Dinner Dance	490,00	
24/03	International Food Festival March 2019	1.380,00	
31/03	Spring Market (Appiani and San Pietro 50%+50%)	2.700,00	
14/04	Appiani Concert	810,00	
29/04	Left Over Charity Income 2017/2018	109,28	
April	More expenses for the Spring Market (The invoice of Ratti was higher than estimatet) Pls have a look to the invoice in april cash transactions		81,00
March	Dinner for Directors of Appiani		75,00
07/06	Catwalk	1.600,00	
	Total	10.907,28	10.751,28

End of Year Treasury Report 2019

BENVENUTO INTERNATIONAL CLUB OF MONZA TREASURER'S REPORT

BENVENUTO INTERNATIONAL CLUB OF MONZA



TREASURER'S End of Year REPORT 2018/2019

PREPARED BY Irmi Sieber

The Benvenuto year 2018/2019 started with a Net Money position of \leqslant 12.218,13 The Benvenuto year 2018/2019 ended with a Net Money position of \leqslant 12.948,34 The Benvenuto year 2019/2020 will start with a Net Money position of \leqslant 12.948,34

THE CHARITY POSITION at the end of June 2019: € 1.541,28

	DESCRIPTION	AMOUNT
	Total Charity	10.751,28
./.	Charity Payment 2018/2019	9.210,00
	Left Over	1.541,28

Membership Income: 9.990,00 € (143 members)

Gueste Fees and Fines Income: 504,00 € Monza News Advertisement Income: 896,45 €

Most important Expenses 2018/2019:

Sporting Club Fee:€ 3.538,00Insurance:€ 501,00Bank charges:€ 157,00Coffee Morning Refreshments:€ 3.682,50New Website€ 1.830,00

The complete Income and Expenditures Report is available with the Treasurer 2018/2019

Warm Regards, Irmi Sieber

Treasurer Club Benvenuto 2018/2019

Member's Corner

October Book Suggestion





Something in the Water

by Catherine Steadman

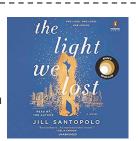
A shocking discovery on a honeymoon in paradise changes the lives of a picture-perfect couple in this taut psychological

thriller debut - for listeners of Ruth Ware, Paula Hawkins, and Shari Lapena

The Light We Lost

By Jill Santopolo

The story of Lucy and Gabe from the last year at university through the years as they carry on with life and love. A first love that could possibly also be the last.





Cinema in English



Teodolinda Spazio Cinema Via Cortelonga, 4 - Monza

PRICES AND SUBSCRIPTIONS

First two shows € 4.00 Evening shows € 6.50 Subscription Free and 5 movies € 16.50 NEW Showings at 15,30, 18,30 or 21,00.

OCTOBER 2019

7 LATE NIGHT

14 ONCE UPON A TIME IN..HOLLYWOOD

21 AD ASTRA

28 YESTERDAY

Member's Information Corner



A Friendly Ear

If you need help getting settled or just want to chat please call us – our Friendly Ear Alliance is here to listen and support you!

Janu Soner 3482610278 or email janusoner@hotmail.com

Kate Icke 3488898349 or email kateicke@alice.it

If you think that your expertise would be useful and would like to join the team, please call Janu or Kate at the numbers listed above.



You are welcome to join the **Vimercate Neighborhood** group at:

<u>LA CAMILLA in: via Dante - Concorezzo</u>

Every first Thursday of the month. Meet in the bar area at 10AM.

Contact: Anna Bodini cell: 347.95.20.827

Members can also join the **Facebook** group by contacting *Benvenuto International Club of Monza Membership Director*. - Fiamma Pucci - membership@benvenutomonza.com

If you have joined within the last 6 months and need information contact our *Newcomers Director* - Sonja Fritz- newcomers@benvenutomonza.com

All Benvenuto Club Members are welcome to sit in on Board Meetings. Please notify one of the Board Members if you will be attending a meeting.

The Sporting Club of Monza has extended their discount to all Benvenuto Club members during the week (Tuesday-Friday). Stop by and have lunch or dinner! Please call first to make reservations. Only Benvenuto Club members will receive the discount.

Breaking news: The Bazaar will take place on Sunday November 24 from 10am to 6pm. It will be held San Pietro center in viale Cesare Battisti, 86, Monza.

We must find a new Club Photographer or even create a team, for the events during the year.

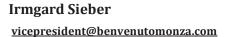
If you are interested, please contact Zizeth immediately.





The Benvenuto International Club of Monza **Board of Directors** 2019-2020

Zizeth Maroun president@benvenutomonza.com





Vice Tresident

Giovanna Casati secretary@benvenutomonza.com



Secretaru

<u> Treasurer</u>

Anett Roizs treasurer@benvenutomonza.com

membership@benvenutomonza.com

Ester De Giuli specialactivities@benvenutomonza.com



Special Activities

Membership

Sonja Fritz newcomers@benvenutomonza.com

Fiamma Pucci



Newcomers

Cheryl Stockman Chalouhi editor@benvenutomonza.com

Norma Fumagalli publicrelations@benvenutomonza.com

Public Relations

Editor

Charity Co-Chair:

Honorary Member: Irmi Sieber

CLUB INFORMATION

The Benvenuto International Club of Monza welcomes English-speaking women from all over the world and fosters international fellowship through its various activities. A monthly Coffee Morning is the Club's principal social function. The Club is non-profit, non-denominational and a-political. English shall be the official language of the Club. All work performed by the Board and its committees is done on a voluntary hasis

Membership:

The membership year runs from September through June of the following year. The Membership Fee for current members is due and payable no later than the October Coffee Morning of each year. A full year's Membership Fee is payable by new members until February at which time new members pay €60. For any questions about membership contact the Membership Director.

Guests:

Members are welcome to bring guests to the Coffee Morning to introduce potential members to the Club. The same guest is only allowed to attend two Coffee Mornings and the Christmas meeting per year. The Guest Fee is €5. All guests will be given a nametag to wear during the meeting.

Name Badges:

Name badges are supplied to each member to be worn at each Coffee Morning. Please remember to wear it.

Commercial Sales and Logo:

Commercial sales are not permitted at Club functions but flyers may be posted only on the bill board during the Coffee Morning and in the Monza News for a contribution.

The Benvenuto Club logo is not to be used for any commercial purposes.

Privacy Policy:

The Club's Privacy Policy is available for consultation under Club Information on the Benvenuto International Club of Monza website: www.benvenutomonza.com.

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IMPORTANT INFORMATION

Emergency Dentist in Monza



Open Monday through Saturday from 9:00 to midnight.

Sundays and holidays from 14:00 to 19:00.

Location:

Via Pellettier, 4 - Monza.

Ample parking available

Tel. 039 388792 - 039 384952 Email: studiodentisticoabaco@gmail.com

In Case of a night-time health problem that is not serious enough for the Hospital Emergency room service, but needs to be attended to quickly, call: Emergency Public Health Services

Medical Emergency National Call Number: 840 500 092

Reco	mme	nda	tion*:
1 1000		, i i u u	uon .

Listen to the recording (in Italian) and wait for an operator on the line.

If you don't speak Italian, ask for someone who speaks English.

Provide all of your personal information: name, address, telephone number and the description of your illness. Ask if there is a doctor who speaks English or your language.

They will have a doctor call you back in the next hour (usually faster). The doctor will tell you, if they need to make a house visit or if you should to go to the nearest GUARDIA MEDICA. They will give you the address of the closest one to your location.

Visits usually free of charge. House visits may be different.

This service usually works very well for a quick diagnosis or to resolve a problem, and to obtain a prescription to go to the pharmacy.

* Many thanks to Marilena Nigretti, a Benvenuto Member and local pharmacist, who provided much of the information presented here. Marilena has a Pharmacy (Farmacia Trevisan) in Usmate-Velate and she speaks fluent English.

Service	Telephone
City Police (Polizia Municipale)	Tel: 02 77 271
Central Police Station (Monza)	Tel : 039 24101
English-speaking tourist police	Tel: 02 863 701
Drugs	Tel: 800 58 854
Child Abuse Helpline www.114.it	Tel: 114
Women Abuse	Tel: 800 001 122
Italian Red Cross Ambulance Service (Available 08:00-20:00) www.crimilano.it	Tel: 02 331 29206
Anti-Poison (Centro Antiveleni)	Tel: 02 661 01029
www.centroantiveleni.it or www.tox.it	
Emergency Vet	Tel : 800 01 30 75
Pharmacy/Chemist On Duty	Tel : 192

Emergency Services

Free Call Numbers (*Numero Verdi*) These national emergency numbers can be reached from pay telephones, without the use of a phone card or money.

24-hour Pharmacies RegioneLombardia (Chemists) in Lombardy

Pronto Farmacia

NumeroVerde Tel: 800 801 185

The **Pronto Farmacia** helpline helps people to locate an open pharmacy in Lombardy. It also assists those in need of urgent prescriptions and general information. The service is available **24 hours a day.**

Every pharmacy is obliged to display a list of pharmacies open at night outside their door. The pharmacies open at night must keep their sign illuminated and the bell visible.

For further information:

http://milan.angloinfo.com/information/31/em no.asp

http://www.atsbrianza.it/ (ex ASL MONZA BRIANZA)

